

ESSENTIAL INFORMATION AROUND THE WORLD WITH GEOFFREY KENT: AN INSPIRING EXPEDITION BY PRIVATE JET OCTOBER 13 – NOVEMBER 7, 2024

REVIEW YOUR PASSPORT

Your passport needs to be valid beyond May 7, 2025. For this journey you need at least 11 (eleven) completely blank visa pages available in your passport for entry and exit stamps.

U.S. passport holders who frequently travel internationally may be able to obtain a second passport, which is valid for up to four years. This would allow you to travel with one passport, while the second may be submitted to obtain any required visas for your next trip abroad.

Please be sure to travel with the passport you provide to A&K, as it will be used to secure arrangements on your behalf. If you plan to travel with more than one passport for any reason, please notify A&K.

SECURE YOUR VISAS

U.S. and Canadian passport holders must obtain an **electronic visa (eVisa) for India prior to departure**.

A&K provides a concierge service through our partner, Pinnacle TDS, to facilitate the procurement of this required visa. Pinnacle TDS can also assist you with information on the steps required for obtaining a second passport and process the application on your behalf. You may call them at 888 838 4867, visit them online at [Pinnacle TDS](#) or email AandK@pinnacletds.com for specific instructions.

Tourist visas for **Senegal** will be obtained for you separately by A&K; you need not apply for them on your own.

Visas are currently not required for U.S. or Canadian passport holders for any other destination visited on this journey.

If you are not a citizen of the United States or Canada, please consult the nearest diplomatic or consular office of the countries you will be visiting for information on necessary documentation you need to enter their country.

REGISTER YOUR JOURNEY

We recommend that you register with your nearest embassy or consulate for the destinations included in your journey. U.S. citizens can register through STEP, the Smart Traveller Enrollment Program (step.state.gov/step). Canadian citizens can enroll in Registration of Canadians Abroad at travel.gc.ca/travelling/registration.

YELLOW FEVER VACCINATION & MALARIA PREVENTION

Check with the Centers for Disease Control and Prevention (cdc.gov/travel) or the World Health Organization (who.int/en) for the latest on required and recommended vaccines for your destination.

A yellow fever vaccination is required for this journey. You must carry an International Certificate of Vaccination provided by your doctor. Without this, you may be denied entry. If your physician advises against receiving the vaccination because of your personal medical history, he or she can provide you with the necessary documentation for the countries that you are visiting.

India and **Senegal** are listed on the CDC and WHO websites as risk areas for malaria transmission. We strongly recommend that you speak with your doctor or travel clinic regarding the itinerary, your individual risk assessment and options for mosquito bite prevention and antimalarial drugs. Please fill any prescriptions before you depart, as you will not be able to obtain these medications while travelling.

You'll want to visit your doctor or local travel clinic a couple of months before departure to allow time for any vaccinations to take effect or to fill any prescriptions.

Carry your prescriptions and over-the-counter medications in their original containers in your carry-on luggage. Pack a simple first-aid kit along with medicines for motion sickness and mild upset stomach. As a precaution, use only bottled water and avoid foods from street vendors.

Bringing Medications into Japan

Please note that Japan strictly regulates, and in some cases prohibits, the import of certain prescription and over-the-counter medications (even for personal use). We suggest that you consult the Japanese Embassy online at us.emb-japan.go.jp/english/html/medication-info-japan.html for more information on bringing medications into Japan.

Elevation in Ladakh, India

Because of Ladakh's high elevations (approximately 11,500 feet), you may experience altitude sickness. Please consult your healthcare provider for suggestions on prevention and treatment. **You may wish to consider (with your physician's agreement) Diamox as a preventative measure, which has been known to be effective in easing the effects of altitude sickness.**

Insurance Requirement for St. Helena

Proof of medical insurance to cover emergency medical costs, including evacuation, is required by St Helena. Policy must have a minimum of at least £175,000 (approximately USD \$225,000) for emergency medical treatment including evacuation. This minimum amount is included in A&K's Guest Protection Program. If you do not purchase A&K's Guest Protection Program, we require proof of alternative coverage. **Proof of coverage must list insurers name, policy number, date of issue/expiry, and relevant coverage details including medical coverage for at least £175,000 (or equivalent), and inclusion of medical evacuation with applicable coverage amount.** Please send a copy to A&K prior to travel and carry proof of coverage with you on the journey.

KEEP CONNECTED

While most smartphones work overseas, you might need to turn on international roaming service before you travel. Contact your carrier for information on coverage and voice and data plan options while travelling abroad.

GETTING ONLINE

Wi-Fi speed and coverage on board the private jet is very limited and will vary depending on location. Many hotels and public places have Wi-Fi and you'll usually be able to stay connected throughout your journey, although Internet access may be poor to nonexistent in remote destinations. Note that some countries block access to social media sites or otherwise impose restrictions on what content you can view or send online.

TIME ZONES

Many websites and smartphone apps allow you to check time zones for specific destinations. We recommend timeanddate.com/worldclock. Upon arrival, the time on most smartphones will automatically adjust to the local time.

9:00 a.m. in Destination

**Universal
Time (UTC)**

**Continental
Europe**

**United
Kingdom**

**New York &
Ottawa**

Portland, Oregon, USA	-7	6:00 p.m.	5:00 p.m.	12:00 p.m.
Kanazawa, Japan	+9	2:00 a.m.	1:00 a.m.	8:00 p.m.
Leh, India	+5:30	5:30 a.m.	4:30 a.m.	11:30 p.m.
Valletta, Malta	+2	9:00 a.m.	8:00 a.m.	3:00 a.m.
Dakar, Senegal DST (EU/UK ends 10/27)	+0	11:00 a.m.	10:00 a.m.	3:00 a.m.
Jamestown, Saint Helena	+0	10:00 a.m.	9:00 a.m.	5:00 a.m.
Punta del Este, Uruguay	-3	1:00 p.m.	12:00 p.m.	8:00 a.m.
Easter Island, Chile	-5	3:00 p.m.	2:00 p.m.	10:00 a.m.
Papeete, French Polynesia	-10	8:00 p.m.	7:00 p.m.	2:00 p.m.
Los Angeles, California, USA	-8	6:00 p.m.	5:00 p.m.	12:00 p.m.

MONEY MATTERS

We recommend travelling with some cash, and at least two different major credit cards from different payment networks, so you have backup if your card is not accepted or lost. Contact your bank and credit card companies to let them know where and when you'll be travelling, as well as confirm any foreign transaction fees. When carrying cash, try to travel only with recently issued currency in smaller denominations; many merchants overseas won't accept wrinkled or torn bills. Only exchange currency at authorized outlets such as currency exchanges, ATMs or hotels and save receipts, as they may be required for exit.

	Local Currency	Credit Cards Accepted	Access to ATMs
Portland, Oregon, USA	US Dollar	Yes	Yes
Kanazawa, Japan	Japanese Yen	Yes	Yes
Leh, India	Indian Rupee	Yes	Yes
Valletta, Malta	Euro	Yes	Yes
Dakar, Senegal	West African Franc	Limited	Limited
Jamestown, Saint Helena	Pound Sterling	No	None
Punta del Este, Uruguay	Uruguayan Peso	Limited	Limited
Easter Island, Chile	Chilean Peso	Limited	Limited
Papeete, French Polynesia	French Pacific Franc or Euro	Yes	Limited
Los Angeles, California, USA	US Dollar	Yes	Yes

KEEP VALUABLES SECURE

We strongly recommend leaving valuables such as jewelry at home as A&K cannot be responsible. Use safes where available to secure valuable items such as passports, or else always carry them on your person.

Replacing a lost or stolen passport is much easier if you have a copy on hand. Pack a photocopy of your passport's personal information page with your luggage, and keep a photo of it on your smartphone.

WEATHER

We recommend weather.com to check the forecast for your journey.

	Average High October	Average Low October	Average Days w/Rain
Portland, Oregon, USA	64°F / 18°C	46°F / 8°C	13
Kanazawa, Japan	68°F / 20°C	55°F / 13°C	12
Leh, India	58°F / 14°C	31°F / -1°C	3
Valletta, Malta	75°F / 24°C	64°F / 18°C	11
Dakar, Senegal	86°F / 30°C	77°F / 25°C	3
Jamestown, Saint Helena	66°F / 19°C	55°F / 13°C	12
Punta del Este, Uruguay	71°F / 22°C	51°F / 10°C	6
Easter Island, Chile (November)	73°F / 23°C	65°F / 18.2°C	10
Papeete, French Polynesia (November)	88°F / 31°C	79°F / 26°C	12
Los Angeles, California, USA (November)	73°F / 23°C	53°F / 12°C	3

PACKING LIST

The typical attire on A&K Private Jet journeys is relaxed and informal during the day and smart casual attire is appropriate for evenings.

This journey includes travel to regions that have a wide range of climates. As a result, we recommend you pack clothes that would be suitable for varying temperatures. Choose comfortable and casual clothing in natural, "breathable" fabrics and versatile styles that can be layered, as temperatures may vary considerably during the course of the day. Be certain to pack some warm clothing for your time in Leh, India where temperatures can dip below freezing.

Visits to select religious sites require modest dress covering knees, shoulders, and upper arms. Guests may also be required to remove shoes.

Be sure to bring a global travel adapter set with you to recharge your electronics. You can purchase a global travel adapter and many items on our packing list through A&K's Travel Store at usa.thetraveloutfitter.com.

Clothing

- 3-4 pairs of casual slacks
- 5-6 casual short-sleeve shirts or tops
- 1-2 evening outfits (smart casual) for special occasions
- 1-2 pairs of comfortable walking shoes with low or no heels; lightweight hiking boots and gaiters
- 1 pair of flip-flops or beach sandals
- Rain poncho (provided by A&K) or light raincoat
- Sleepwear (both warm and lightweight)
- 2-3 pairs of walking shorts/capri pants
- 2-3 long sleeve shirts or tops
- Warm, lined jacket or parka
- Warm gloves
- Sweater or lightweight jacket
- Swimwear and cover-up
- Hats (1 for sun protection, 1 warm hat; baseball cap provided)
- Personal garments (sports bra recommended for bumpy roads)

Miscellaneous Items

- Passport with relevant visas
- Original Yellow Fever vaccination card
- Prescription medications and copy of prescriptions
- Antimalarial and any other preventative medication recommended by your physician or travel clinic
- Aspirin/pain relievers
- Antacids/laxatives/anti-diarrhea medicine/motion sickness tablets /Alka Seltzer
- Simple first-aid kit (including antihistamines or cortisone cream to treat insect stings)
- If you wear glasses or contact lenses, consider bringing an extra pair; contact lens solution
- Face masks and hand sanitizer
- Insect repellent with high % of DEET to protect against mosquitos, bees, wasps and tsetse flies
- Personal toiletries; hair dryers are provided at all accommodations
- Low-suds detergent for washing small or personal items
- Personal electronics and chargers; global travel adapter
- Bandana or light scarf to keep the sun off your neck
- Sunscreen, at least SPF 50
- Binoculars
- Photography equipment: batteries (lithium batteries recommended for longer life), memory cards, charging cables. A waterproof case and lens brush are also recommended.

Please note that while properties will provide basic toiletries and in some cases insect repellent, you may wish to bring your own if you have specific preferences.

Traveller's Valet, A&K's complimentary laundry service for 10 articles of clothing per person, will be provided at two select locations during your journey. Dry cleaning is not included.

BAGGAGE RESTRICTIONS

<p>On board the A&K private jet</p>	<p>Two pieces of checked baggage with a maximum combined weight of 80 pounds (36 kilograms). Total dimensions of any single piece of checked baggage are not to exceed 62 inches (157 centimeters). Dimensions are calculated by adding together the length, height and width of the piece of baggage.</p> <p>One piece of carry-on baggage with a maximum weight of 22 pounds (10 kilograms). Dimensions of the carry-on bag are not to exceed 22 inches x 16 inches x 8 inches (55 centimeters x 40 centimeters x 20 centimeters).</p>
<p>Flights aboard light aircraft in French Polynesia</p>	<p>One piece of checked baggage and one carry-on item with a maximum total weight of 66 pounds (30 kilograms). A specially designed A&K duffel will be sent to you in a future mailing, and we ask that you please use it for these flights. The remainder of your luggage will be stored.</p>

Normal airport security requirements apply to your Private Jet Journey. For carry-on luggage, please make certain to carry travel-size toiletries that fit comfortably in one quart-size shaving kit or makeup bag. Larger bottles must be packed in your checked luggage.

PRIVATE JET FLIGHTS

Date	Routing	Duration
October 14	Portland - Toyama	11.5 hours
October 18	Toyama – Delhi	10 hours 10 min
October 22	Delhi – Luqa (Malta)	10 hours 15 min
October 25	Malta – Dakar	5 hours 45 min
October 28	Dakar – Saint Helena	5 hours 15 min
October 30	Saint Helena – Punta del Este	7 hours 30 min
November 2	Punta del Este – Easter Island	7 hours 35 min
November 3	Easter Island – Papeete	6 hours
November 6	Papeete – Los Angeles	11 hours 20 min

LOCAL CHARTER FLIGHTS

Date	Routing	Duration
October 19	Delhi – Leh	1.5 hours
October 22	Leh – Delhi	1.5 hours
November 3	Papeete – Tetiaroa	20 minutes
November 7	Tetiaroa – Papeete	20 minutes

SMART SHOPPING

If you are interested in shopping, your A&K guide may recommend local shops; however, A&K is not responsible for the quality or value of merchandise. Any purchases and shipping are at your sole discretion. Be sure to review your credit card receipts before signing, paying special attention to currency conversion. We recommend taking items with you in lieu of shipping them whenever possible. Consult the local customs authority (cbp.gov in the U.S. and travel.gc.ca in Canada) for information on what you can bring back and duty taxes. Keep receipts and items together.

PHOTOGRAPHY ETIQUETTE

Be sure to ask permission before taking pictures of local people, including small children. Note that photography is not permitted in some locations; it is usually clearly marked. If in doubt, ask your Tour Manager to avoid having your camera confiscated.

TIPS ON TIPPING

As a convenience, all gratuities are included. Any additional gratuities that you may choose to present to specific members of your tour staff are left to your personal discretion.