

# ESSENTIAL INFORMATION

## PERU

### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Peru for stays of up to 183 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

### LOCAL HEALTH & SAFETY PROTOCOLS

If your journey includes travel to high-altitude Andean destinations in Peru including Cusco, the Sacred Valley, Machu Picchu, Puno and Lake Titicaca, you may experience altitude sickness. Please consult your healthcare provider for suggestions on prevention and treatment. If you will be hiking the Inca Trail from KM 104 to Machu Picchu, be aware that this full-day, high-altitude hike is challenging and over steep and uneven terrain. A good level of physical fitness and appropriate footwear is necessary.

### CASH & CREDIT CARDS

The U.S. dollar is as readily accepted throughout Peru as the local currency. Carry recently issued bills in smaller denominations. High-end restaurants, hotels and shops accept major credit cards. Smaller shops and local tourist venues prefer cash. When leaving a small gratuity, it is best to tip in local currency. ATM access is available in Lima, Cusco and major towns and most ATMs allow withdrawals of up to US\$200 or the equivalent in soles per transaction.

### OF SPECIAL NOTE

Please note that if you will be using professional photographic equipment in Machu Picchu, including tripods, you are required to obtain special authorization and pay a fee. If you plan to carry more than one camera or any specialized lenses, contact A&K in advance of your departure. To avoid problems, you may choose to carry only a smaller camera into the site.

#### *Niños del Arco Iris* (Children of the Rainbow) Visit

Guests whose itinerary includes a visit to *Niños del Arco Iris* (Children of the Rainbow), a project supported by A&K Philanthropy, may choose to pack some small items to give as gifts. Suggested items include school supplies such as pencils, colored pencils/crayons, markers, Play-Doh and notebooks. Please contact A&K for the appropriate protocol on gift-giving.

### PACKING LIST & BAGGAGE RESTRICTIONS

On domestic flights within Peru, each traveller is limited to one (1) checked bag weighing no more than 50 pounds (23 kilograms), with linear dimensions (height+width+depth) not to exceed 62 inches (158 centimeters). In addition you may bring one (1) personal item (such as a purse or laptop), which must fit under the seat in front of you, and one (1) carry-on weighing up to 17 pounds (8 kilograms), maximum dimensions not to exceed 21 inches (55 centimeters) x 13 inches (33 centimeters) x 9 inches (25 centimeters) (height, depth and width), including the pockets, wheels and handle.

Baggage on trains to and from Machu Picchu is limited to one (1) bag or backpack not to exceed 17 pounds (8 kilograms), and linear dimensions of 62 inches (158 centimeters). Luggage storage may be arranged, if necessary, with your guide. Depending on your itinerary, tagged luggage can be stored at your hotel in Cusco until you return from Machu Picchu. (Additional costs may apply.)

When visiting Machu Picchu, please note any type of bag/backpack measuring more than 15.7 inches (40 centimeters) x 14 inches (35 centimeters) x 8 inches (20 centimeters) is not permitted, and must be placed in storage (near the entrance of the citadel).

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

### Clothing

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Temperatures will change as altitudes and time of day change, so it's best to bring shorts as well as long trousers.

If visiting the Peruvian Amazon: expedition-type ventilated long-sleeved shirts and pants (including some pants with zip-off legs that convert long-pants into shorts). Light and neutral colors are best; black, navy or other dark colors tend to attract insects.

Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Lightweight raincoat or poncho
- Personal garments
- Sweater or lightweight fleece jacket
- Swimwear/cover-up
- Comfortable walking shoes with low or no heels
- Sleepwear
- Waterproof, lightweight, well-broken in hiking boots for trekking activities in the Andes or Amazon rainforest regions (if applicable)
- Socks
- Wide-brimmed sunhat that ties on
- River sport walking shoes or sandals such as Tevas®

### Other Recommended Items

- Face masks and hand sanitizer
- Sun block and lip balm
- Simple first-aid kit
- Sunglasses
- Prescriptions and medications (in their original bottles and/or packaging)
- Mosquito repellent
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

#### Optional Items

- Small LED flashlight
- Lightweight binoculars
- Foldable walking stick (rubber pointed tips only)
- Small waterproof daypack

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

#### TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey:

	<b>All Small Group Journeys and Pre/Post Tour Extensions</b>	<b>Tailor Made Journeys</b>
Resident Tour Director or Group Extension Guide	\$15 per person, per day	Not applicable
Local Guides	Included	\$15 per person, per day (full day)
Drivers	Included	\$10 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Cruise vessels / Trains	Included	\$10-\$15 per person, per day – Gratuities accepted on board the boat/train and shared among the staff.
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.